

## **Skilled Nursing Competency Self Assessment**

## **Directions**

Please circle a value for each question to provide us and the interested facilities with an assessment of your clinical experience. These values confirm your strengths within your specialty and assist the facility in the selection process of the healthcare professional.

		Experience
	0	Not Applicable
	1	No Experience
	2	Some Experience (Require Assistance)
	3	Intermittent Experience (May Require Assistance)
	4	Experienced (Performs without Assistance)
Ī	5	Very Experienced (Able to Teach/Supervise)

Print Name	Last 4 Digits of SS#			Da	ite		
General Skills			E	xpei	rienc	:e	
Advanced directives		0	1	2	3	4	5
Awareness of HCAHPS		0	1	2	3	4	5
Patient/family teaching		0	1	2	3	4	5
Discharge planning		0	1	2	3	4	5
UR/medicare review		0	1	2	3	4	5
Lift/transfer devices		0	1	2	3	4	5
Specialty beds		0	1	2	3	4	5
Restrictive devices (restraints)		0	1	2	3	4	5
End of life care/palliative care		0	1	2	3	4	5
Automated Medication Dispensing System, P	yxis, Omnicell, or other	0	1	2	3	4	5
National Patient Safety Goals		0	1	2	3	4	5
Accurate patient identification		0	1	2	3	4	5
Effective communication		0	1	2	3	4	5
Awareness of patient rights		0	1	2	3	4	5
Interpretation & communication of lab values	:	0	1	2	3	4	5
Medication administration		0	1	2	3	4	5
Labeling (medications & specimens)		0	1	2	3	4	5
Medication reconciliation		0	1	2	3	4	5
Anticoagulation therapy		0	1	2	3	4	5
Pain assessment & management		0	1	2	3	4	5
Infection control		0	1	2	3	4	5
Universal precautions		0	1	2	3	4	5
Isolation		0	1	2	3	4	5
Minimize risk for falls		0	1	2	3	4	5
Prevention of pressure ulcers		0	1	2	3	4	5

Cardiac			хре	rien	ce	
Assessment of heart sounds	0	1	2	3	4	5
Identification of arrhythmias (rate/rhythm)	0	1	2	3	4	5
Pacemakers/AID's	0	1	2	3	4	5
Cardiac arrest/CPR	0	1	2	3	4	5



Initials
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Cardiac - cont.		E	xpei	ienc	:e	
Care of Patient with:						
Hypertension	0	1	2	3	4	5
Pre/post MI	0	1	2	3	4	5
CHF	0	1	2	3	4	5
Post cardiac surgery	0	1	2	3	4	5
Fluid & electrolyte imbalances	0	1	2	3	4	5
Medication Administration						
Anticoagulants	0	1	2	3	4	5
Antiarrhythmics	0	1	2	3	4	5
Beta blockers	0	1	2	3	4	5
Nitroglycerin	0	1	2	3	4	5
Diuretics	0	1	2	3	4	5

Respiratory		E	xper	ienc	:e	
Assessment/auscultation of lung sounds	0	1	2	3	4	5
Establishing an airway	0	1	2	3	4	5
Chest PT	0	1	2	3	4	5
Incentive spirometry	0	1	2	3	4	5
Supplemental oxygen (cannula, facemask)	0	1	2	3	4	5
Tracheostomy care	0	1	2	3	4	5
Suctioning (tracheostomy & nasotracheal)	0	1	2	3	4	5
Nebulizer use	0	1	2	3	4	5
Care of Patient with:						
Pneumonia	0	1	2	3	4	5
Asthma	0	1	2	3	4	5
COPD	0	1	2	3	4	5
Emphysema	0	1	2	3	4	5
Use & Administration of:						
Bronchodilators	0	1	2	3	4	5
Expectorants	0	1	2	3	4	5
Corticosteroids	0	1	2	3	4	5



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Neurology		E	xpei	ienc	:e	
Assessment of neuro signs	0	1	2	3	4	5
Seizure precautions	0	1	2	3	4	5
Care of Patient with:						
TBI (Traumatic Brain Injury: history of)	0	1	2	3	4	5
Seizure activity	0	1	2	3	4	5
Spinal cord injury	0	1	2	3	4	5
Stroke (CVA)	0	1	2	3	4	5
Multiple sclerosis	0	1	2	3	4	5
Alzheimer's disease	0	1	2	3	4	5
Parkinson's disease	0	1	2	3	4	5
ALS (Amyotrophic Lateral Sclerosis)	0	1	2	3	4	5
Use & Administration of:						
Antiseizure medications	0	1	2	3	4	5
Antiemetics	0	1	2	3	4	5
Laxatives	0	1	2	3	4	5
Enemas	0	1	2	3	4	5
Bowel prep	0	1	2	3	4	5

Gastrointestinal		E	xpei	ienc	:e	
NG tube (insertion/removal)	0	1	2	3	4	5
Long term feeding tubes (dobhoff/keofeed)	0	1	2	3	4	5
Gastrostomy tube	0	1	2	3	4	5
Tube feedings	0	1	2	3	4	5
Monitoring input/output	0	1	2	3	4	5
Care of Patient with:						
Colostomy/ileostomy	0	1	2	3	4	5
GI bleed	0	1	2	3	4	5
Feeding devices/adaptive equipment	0	1	2	3	4	5
Dietary restrictions	0	1	2	3	4	5
GT/PEG feedings	0	1	2	3	4	5
Use & Administration of:						
Antiemetics	0	1	2	3	4	5
Laxatives	0	1	2	3	4	5
Enemas	0	1	2	3	4	5
Bowel prep	0	1	2	3	4	5



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Genitourinary	Experience						
Foley catheter insertion/removal	0	1	2	3	4	5	
GU irrigations	0	1	2	3	4	5	
Nephrostomy tube	0	1	2	3	4	5	
Suprapubic catheter	0	1	2	3	4	5	
Ileo conduit	0	1	2	3	4	5	
Use of bladder scan equipment		1	2	3	4	5	
Care of Patient with:	Care of Patient with:						
Shunts and fistulas	0	1	2	3	4	5	
Straight catheterizations	0	1	2	3	4	5	
Incontinence/bladder training			2	3	4	5	
Chronic renal failure/dialysis		1	2	3	4	5	
Peritoneal dialysis			2	3	4	5	

Orthopedic			Experience					
Total joint replacement				2	3	4	5	
Arthroscopic surgery				2	3	4	5	
Cast care		0	1	2	3	4	5	
Pulse/CMS checks		0	1	2	3	4	5	
Suture/staple removal		0	1	2	3	4	5	
Prosthesis application				2	3	4	5	
Standard extremity braces				2	3	4	5	
Care of Patient with:								
Amputation		0	1	2	3	4	5	
Stump wrapping		0	1	2	3	4	5	
Laminectomy		0	1	2	3	4	5	
Assistive devices		0	1	2	3	4	5	
CPM machines		0	1	2	3	4	5	

IV Therapy		Experience							
Start & maintain IVs	0	1	2	3	4	5			
Blood draw: venous	0	1	2	3	4	5			
Central line care (PICC)	0	1	2	3	4	5			
Blood draw: central line PICC	0	1	2	3	4	5			
Care & management of ports	0	1	2	3	4	5			
Infusion pumps		1	2	3	4	5			
Administration of blood/blood products		1	2	3	4	5			



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Skin		Experience						
Wound care/surgical	0	1	2	3	4	5		
Wound care/medical			2	3	4	5		
Dressing changes		1	2	3	4	5		
Skin assessment		1	2	3	4	5		
Wound vac	0	1	2	3	4	5		

Age Specific Competencies	Experience						
Newborn/neonate (birth-30 days)	0	1	2	3	4	5	
Infant (31 days-1 year)	0	1	2	3	4	5	
Toddler (2-3 years)	0	1	2	3	4	5	
Preschool (ages 4-5 years)	0	1	2	3	4	5	
School age (ages 6-12 years)	0	1	2	3	4	5	
Adolescents (ages 13-21 years)	0	1	2	3	4	5	
Young adult (ages 22-39 years)	0	1	2	3	4	5	
Adults (ages 40-64 years)	0	1	2	3	4	5	
Older adult (ages 65-79 years)	0	1	2	3	4	5	
Elderly (ages 80+ years)			2	3	4	5	

Please list any Additional Skills:						
1.	2.					
3.	4.					
Additional training:						
1.	2.					
3.	4.					
Additional equipment:						
1.	2.					
3.	4.					

Fax to: 1-888-298-3146

The information on this and all pr	receding pages is true and correct.
Signature	Date