

## **Home Health Care Competency Self Assessment**

## **Directions**

Please circle a value for each question to provide us and the interested facilities with an assessment of your clinical experience. These values confirm your strengths within your specialty and assist the facility in the selection process of the healthcare professional.

	Experience
0	Not Applicable
1	No Experience
2	Some Experience (Require Assistance)
3	Intermittent Experience (May Require Assistance)
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Print Name Last 4 Digits of SS# Date

General Skills		Experience					
Advanced directives	0	1	2	3	4	5	
Patient/family teaching	0	1	2	3	4	5	
Lift/transfer devices	0	1	2	3	4	5	
Specialty beds	0	1	2	3	4	5	
Restrictive devices (restraints)	0	1	2	3	4	5	
End of life care/palliative care	0	1	2	3	4	5	
Skin/wound assessment & care	0	1	2	3	4	5	
Diabetic care & education	0	1	2	3	4	5	
Blood Glucose Monitoring (BGM)	0	1	2	3	4	5	
General nursing assessment	0	1	2	3	4	5	
Recognizing failure to thrive across the lifespan	0	1	2	3	4	5	
Monitoring of vital signs	0	1	2	3	4	5	
Monitoring of intake/output	0	1	2	3	4	5	
Monitoring of weight	0	1	2	3	4	5	
Cardiac/respiratory arrest/CPR adult	0	1	2	3	4	5	
Cardiac/respiratory arrest/CPR pediatric or infant	0	1	2	3	4	5	
Documentation of skilled care (written) or computerized	0	1	2	3	4	5	
Medicare 485/486 forms	0	1	2	3	4	5	
National Patient Safety Goals	0	1	2	3	4	5	
Accurate patient identification	0	1	2	3	4	5	
Effective communication	0	1	2	3	4	5	
Interpretation & communication of lab values	0	1	2	3	4	5	
Medication administration	0	1	2	3	4	5	
Medication reconciliation	0	1	2	3	4	5	
Anticoagulation therapy	0	1	2	3	4	5	
Pain assessment & management	0	1	2	3	4	5	
Infection control (nosocomial/community-acquired)	0	1	2	3	4	5	
Anti-infective therapy (antibiotics, antivirals, antifungals)	0	1	2	3	4	5	
Universal precautions	0	1	2	3	4	5	
Awareness of HCAHPS	0	1	2	3	4	5	



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General Skills - cont.	Experience					
Isolation	0 1 2 3 4 5					
Minimize risk falls	0	1	2	3	4	5
Prevention of pressure ulcers	0	1	2	3	4	5

IV Therapy		Experience					
Starting & maintaining peripheral IVs	0	1	2	3	4	5	
Blood draw: venous	0	1	2	3	4	5	
Central line care (includes PICC/Groshong/Hickman)	0	1	2	3	4	5	
Blood draw: central line	0	1	2	3	4	5	
Care & management of ports	0	1	2	3	4	5	
Care & management of nonvascular devices (epidural, intrathecal)	0	1	2	3	4	5	
TPN & lipids	0	1	2	3	4	5	
Administration of blood and blood products	0	1	2	3	4	5	
Administration of chemotherapy	0	1	2	3	4	5	
Monitoring of chemotherapy (does not initiate)	0	1	2	3	4	5	
Infusion pumps	0	1	2	3	4	5	

Cardiac		E	xpei	rienc	:e	
Cardiovascular assessment	0	1	2	3	4	5
Clinical identification of dysrythmias (AP check for rate & rhythm)	0	1	2	3	4	5
Care of Patient with:						
Hypertension	0	1	2	3	4	5
Coronary Artery Disease (CAD)	0	1	2	3	4	5
Acute MI	0	1	2	3	4	5
Post Coronary Artery Bypass Graft (CABG)/valve	0	1	2	3	4	5
CHF	0	1	2	3	4	5
Aneurysm (thoracic or abdominal)	0	1	2	3	4	5
Pre-post surgery	0	1	2	3	4	5
Medication Administration/Patient Teaching						
Antidysrhythmics (i.e., betablockers, calcium channel blockers & cardiac glycosides)	0	1	2	3	4	5
Antihypertensives	0	1	2	3	4	5
Vasoactive drugs (NTG)	0	1	2	3	4	5
Diuretics (i.e., lasix, dyazide)	0	1	2	3	4	5

Respiratory		Experience				
Assessment/auscultation of lung sounds	0	1	2	3	4	5
Incentive spirometry	0	1	2	3	4	5
Principles of chest percussion	0	1	2	3	4	5
Establishing an airway	0	1	2	3	4	5



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Respiratory - cont.	Experience								
Care of Patient with:									
Asthma	0	1	2	3	4	5			
COPD	0	1	2	3	4	5			
Pulmonary hypertension	0	1	2	3	4	5			
Tracheostomy	0	1	2	3	4	5			
Lung cancer	0	1	2	3	4	5			
Pulmonary emboli	0	1	2	3	4	5			
Medication Administration/Patient Teaching									
Aminophylline	0	1	2	3	4	5			
Bronchodilators (Bronkosol/Brethine)	0	1	2	3	4	5			
Expectorants	0	1	2	3	4	5			
Inhaled medications (proventil/anticholinergics/steroids/mucolytics)	0	1	2	3	4	5			

Neurology	Experience					
Assessment of neuro signs	0	1	2	3	4	5
Seizure precautions	0	1	2	3	4	5
Halo traction	0	1	2	3	4	5
Care of Patient with:						
Coma	0	1	2	3	4	5
Cerebral tumors	0	1	2	3	4	5
Seizure activity	0	1	2	3	4	5
Spinal cord injury/paralysis (para/quad)	0	1	2	3	4	5
TBI (Traumatic Brain Injury)	0	1	2	3	4	5
TIA's	0	1	2	3	4	5
Stroke (CVA) hemiparesis	0	1	2	3	4	5
Alzheimer's Disease	0	1	2	3	4	5
Meningitis	0	1	2	3	4	5
Multiple sclerosis	0	1	2	3	4	5
Parkinson's disease	0	1	2	3	4	5
ALS (Amyotrophic Laterial Sclerosis)	0	1	2	3	4	5
Medication Administration/Patient Teaching						
Cortocosteroids	0	1	2	3	4	5
Anticonvulsant	0	1	2	3	4	5
MAOIs	0	1	2	3	4	5
Antidyskinetics	0	1	2	3	4	5
Skeletal muscle relaxants	0	1	2	3	4	5
Dopamine (blockers & stimulants)	0	1	2	3	4	5



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GI / GU	Experience					
NG tube	0	1	2	3	4	5
Long term feeding tube (Keofeed, Dobhoff)	0	1	2	3	4	5
PEG/gastrostomy tube	0	1	2	3	4	5
Tube feeding	0	1	2	3	4	5
Drainage tubes (surgical & non-surgical)	0	1	2	3	4	5
G.I. bleed	0	1	2	3	4	5
Colostomy/ileostomy care	0	1	2	3	4	5
Ileal conduit	0	1	2	3	4	5
G.U. irrigations	0	1	2	3	4	5
Suprapubic catheter	0	1	2	3	4	5
Care of Patient with:						
Shunts & fistulas	0	1	2	3	4	5
Straight catheterization	0	1	2	3	4	5
Self catheterization	0	1	2	3	4	5
Incontinence	0	1	2	3	4	5
Peritoneal dialysis	0	1	2	3	4	5
Hemodialysis	0	1	2	3	4	5

Gynecology						
Endometriosis	0 1 2 3 4	5				
Self breast exam	0 1 2 3 4	5				
Mastectomy	0 1 2 3 4	5				
Hysterectomy	0 1 2 3 4	5				

Orthopedic	Experience					
Total joint replacements (knee/hip/shoulder)	0	1	2	3	4	5
Crutch walking	0	1	2	3	4	5
Assistive devices	0	1	2	3	4	5
Arthroscopy/arthrotomy	0	1	2	3	4	5
TENS unit	0	1	2	3	4	5
Care of Patient with:						
Arthritis	0	1	2	3	4	5
Amputation	0	1	2	3	4	5
Casts	0	1	2	3	4	5
Fractures	0	1	2	3	4	5



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Maternal - Child Care	- Child Care Experience					
Assessment & care of complicated pregnancy	0	1	2	3	4	5
Breast feeding	0	1	2	3	4	5
Homecare of postpartum mother	0	1	2	3	4	5
Healthy baby	0	1	2	3	4	5
Newborn Care						
Bulb suctioning	0	1	2	3	4	5
Cord & circumcision care	0	1	2	3	4	5
Phototherapy	0	1	2	3	4	5
NG feedings	0	1	2	3	4	5
Pediatrics						
Medication calculation for pedi dosing	0	1	2	3	4	5
Use of croup tent	0	1	2	3	4	5
Oxyhood	0	1	2	3	4	5
Care of the Pediatric Patient with:						
Asthma	0	1	2	3	4	5
Bone marrow transplant	0	1	2	3	4	5
Bronco-pulmonary dysplasia	0	1	2	3	4	5
Cardiac surgery	0	1	2	3	4	5
Cystic fibrosis	0	1	2	3	4	5
Epiglottiditis	0	1	2	3	4	5
Near drowning	0	1	2	3	4	5
Overdose/poison ingestion	0	1	2	3	4	5
Post harrington rod insertion	0	1	2	3	4	5
Respiratory Distress Syndrome (RDS)	0	1	2	3	4	5
Reye's syndrome	0	1	2	3	4	5
Sickle cell disease	0	1	2	3	4	5
Spina bifida	0	1	2	3	4	5

Use of Equipment for All Age Groups Experies				ienc	ce	
Cardiac monitors	0	1	2	3	4	5
Wound VAC	0	1	2	3	4	5
Apnea monitors	0	1	2	3	4	5
O2 administration (NC/mask)	0	1	2	3	4	5
Ultrasonic nebulizer	0	1	2	3	4	5
Ventilators	0	1	2	3	4	5

Software Programs Experience				:е		
MeDecision	0	1	2	3	4	5
TILE	0	1	2	3	4	5
OASIS	0	1	2	3	4	5



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Age Specific Competencies	Experience					
Newborn/neonate (birth-30 days)	0	1	2	3	4	5
Infant (31 days-1 years)	0	1	2	3	4	5
Toddler (2-3 years)	0	1	2	3	4	5
Preschool (ages 4-5 years)	0	1	2	3	4	5
School age (ages 6-12 years)	0	1	2	3	4	5
Adolescents (ages 13-21 years)	0	1	2	3	4	5
Young adult (ages 22-39 years)	0	1	2	3	4	5
Adults (ages 40-64 years)	0	1	2	3	4	5
Older adult (ages 65-79 years)	0	1	2	3	4	5
Elderly (80+ years)	0	1	2	3	4	5

Please list any Additional Skills:	
1.	2.
3.	4.
Additional training:	
1.	2.
3.	4.
Additional equipment:	
1.	2.
3.	4.

Fax to: 1-888-298-3146

The information on this and all preceding pages is true and correct.				
Signature	Date			